

Overview of the Anti-Doping Activities in Estonia

Estonian Anti-Doping Agency (EADA) promotes healthy and fair sport, carrying out doping testing and anti-doping education and developing international anti-doping cooperation. Three staff members work in EADA: the board member, the testing manager and the education manager.

Doping testing. Carrying out doping tests is one of the main activities of the EADA. The following table gives an overview of the tests in 2014.

| | EAD | National sport federations | International sport federations | Total |
|------------------------|-----|----------------------------|---------------------------------|-------|
| Out-of- competition | 133 | 4 | 15 | 152 |
| In competition | 43 | 15 | 150 | 208 |
| Total | 176 | 19 | 165 | 360 |

In 2014 the following anti-doping rule violations took place: two refusals (powerlifting and bodybuilding), four positive doping tests (two in bodybuilding, two in basketball).

Anti-doping education. Since March 2014 a new member of staff, education manager, joined, and this enabled to have more systematic training activities to various target groups. In 2014 over 2200 people participated in several educational events. Almost half of them were students, including sports students. About 400 athletes (mainly youth athletes) participated in anti-doping education events regarding the new code, prevention work and doping control procedure. By spring 2015 it is planned to launch an e-learning module on anti-doping for amateur athletes.

Information. New visual identity was created and a new web-page was launched (www.antidoping.ee). Also new Facebook-page helps to share updated information (www.facebook.com/eestiantidoping) and a drug database was created where athletes, parents and athlete support personnel can check the status of medications according to WADA's 2015 Prohibited List.

International cooperation. Close contacts are with FINADA and agencies from the Baltic States. Together with SLOADA a collaboration project of clean sport ambassadors got finance from the Erasmus+ programme together with partners from Latvia, Germany, Croatia and Malta.

Change in the law in 2015. Recently the Penal Code in Estonia was amended, so that inducing for doping could be punishable by fine or one year of imprisonment. In case of repeated violation or where under-aged are involved, the punishment can be even three years of imprisonment.