



Annual report 2014 in brief

Estonian Anti-Doping Agency (EADA) stands for clean sport in cooperation with the local, national and international partners, applying professional anti-doping knowledge and skills. EADA carries out doping controls, delivers anti-doping education and develops cooperation on both on national and international levels.

Three staff members work in EADA: the board member (as CEO), the testing manager and the education manager (a new position in the organisation). EADA has the supervisory board consisting of four members and 10 doping control officers.

Testing and investigation. Carrying out doping controls is one of the main activities of the EADA. The principle is that EADA carries out the out-of-competition tests and federations order the in-competition tests. However, the resources of the national federations seem to be very limited. The following table describes the tests conducted in 2014.

| | EADA | National sport federations | International sport federations | Total |
|--------------------|------|----------------------------|---------------------------------|-------|
| Out-of-competition | 133 | 4 | 15 | 152 |
| In-competition | 43 | 15 | 150 | 208 |
| Total | 176 | 19 | 165 | 360 |

The disciplines most tested were athletics, skiing, biathlon, volleyball, football, powerlifting, bodybuilding and fitness. Three federations ordered doping controls: football association, powerlifting federation and the federation of bodybuilding and fitness.

In 2014 six anti-doping rule violations took place: two refusals (powerlifting, bodybuilding) and four positive doping tests (two in bodybuilding, two in basketball). Eight violations regarding the whereabouts were recorded, all of them being the first violations. Regarding all the positive cases basic investigation takes place.

Education. Since March 2014 a new member of staff, education manager, joined the team. Over 2200 people participated in several educational events in 2014. Almost half of them were students, including sports students. About 400 athletes (mainly youth athletes) participated in anti-doping education events regarding the new code, prevention work and doping control procedure. In addition, education sessions were delivered to various target groups, such as sports journalists and doctors, but also the participants of the science ethics lectures.

Information. New visual identity was created and a new web-page was launched (www.antidoping.ee). Also new Facebook-page helps to share updated information (www.facebook.com/eestiantidoping). A drug database was created where athletes, parents and athlete support personnel can check the status of medications according to WADA's 2015 Prohibited List. Special newsletter is compiled for the federations to update the organisations with the latest anti-doping news.

Introducing the new Code. Considerable part of the education and information work was the introduction of the new WADA Code. Several activities were undertaken:

- Presentations at the information sessions in various districts, where sports officials attended;
- Open education sessions for the athletes in northern and southern part of the country
- Thematic outreach stand at the Estonian Sports Congress;
- Separate leaflet was printed to capture the main changes;
- The Estonian National Television made a news clip about the changes in the Code.

National cooperation. The closest partners are the Ministry of Culture, which is responsible for the whole sports field, the Estonian Olympic Committee and the sports federations. Collaboration was initiated by the Ministry of Justice to regulate the prescription of the pharmaceuticals containing prohibited substances. In 2014 the Estonian sport policy development strategy was finalised and EADA also contributed to the process.

International cooperation. Close contacts are with FINADA and agencies from the Baltic States. Together with SLOADO an international project of clean sport prePLAY was started where anti-doping ambassadors would be educated to deliver anti-doping education in Slovenia, Latvia, Croatia, Malta and Estonia. The project received funding from the Erasmus+ programme. The staff of EADA has participated in WADA symposium and in the workshop of INADO, also contributed to the work regarding Anti-Doping Convention of the Council of Europe and the anti-doping education and prevention expert group of the Council of Europe.

News in 2015

Changes in EADA. In July 2015 Kristel Berendsen, having made great efforts for the organisation for over 7 years, resigned from the position of the CEO. New CEO should be appointed in the beginning of August by the supervisory board.

Change in the law in 2015. Recently the Penal Code in Estonia was amended, so that inducing for doping could be punishable by fine or one year of imprisonment. In case of repeated violation or where under-aged are involved, the punishment can be even three years of imprisonment.

E-learning programme for the recreational athletes. EADA has launched a web-site aimed to offer the anti-doping information and education for the recreational athletes. The web-site is www.spordinpuhtalt.ee (meaning "I sport clean"). The e-learning tool consists of five sections: the dangers of doping, fair play and the spirit of sport, decision-making of the athlete, food supplements and laws and regulations. All texts are compiled in a way that is attractive to read giving concrete real-life examples, being as brief as possible, but as detailed that is necessary for a good flow. The web-site has been created with the support of the UNESCO Fund for the Elimination of Doping in Sport.

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