

CHAPERONE TRAINING DAY

30.06.2021

1. The aim of ESTCIS is to promote non-discriminatory, ethical and fair sports in Estonia,

including contributing to:

- (a) the prevention of doping use;
- (b) the prevention of manipulation of sporting events;
- (c) the prevention of discrimination, abuse, harassment in sport;
- (d) ensuring the safety of participants in sporting competitions;
- (e) addressing other issues that threaten the integrity of sport in the presence of sport.

The U23 European Athletics Championships will take place on 8-11. July and U20 16-18. July at Tallinn Kadriorg Stadium. **The Estonian Center For Integrity In Sports (at the request of European Athletics and Estonian Track and Field association) conducts doping testing at these events.**

2. U23 CHAMPIONSHIPS

The program has 12 track events:

100m, 200m, 400m, 800m, 1500m, 5000m, 10,000m, 100 / 110mtj, 400mtj, 3000m tak, 4x100m, 4x400m;

and 8 field events:

high jump, pole vault, long jump, triple jump, shot put, discus, hammer throw, javelin; and in addition heptathlon (women), decathlon (men) and 20,000m race walk.

3. DOPING CONTROL

Doping testing is conducted in accordance with the World Anti-Doping Code and the International Standard for Testing and Investigations.

Anti-Doping Rule Violations:

There are 11 anti-doping rule violations and a positive doping test is 1 rule violation among 11. Antidoping rules apply to both athletes and their support personnel, who can be: coach, manager, agent, team assistant, medical staff, parent or whoever is assisting an athlete during or before the competition.

4. ATHLETES RIGHTS AND RESPONSIBILITIES (which you have to introduce to him/her)

- "I now inform you of your rights and responsibilities:

- You will be chaperoned at all times
- You have the responsibility to provide photographic identification (e.g. National ID or Passport)
- You have to report to the Doping Control Station (DCS) immediately, but may request a delay for named activities:

Finding a representative, medical treatment, interviews, competing in further competition, obtaining identification, medal ceremony, cool down or change clothes.

- You have the right to be accompanied by a representative/interpreter of your choice
- You may request a modification to the process“

5. Chaperoning: Top Tips

- Here are some top tips when chaperoning an athlete:
- Walk level or slightly behind the athlete. NEVER walk ahead or in front of the athlete.
- Try to keep out of the media and public gaze
- Ensure athletes remain under your constant observation until arrival at the DCS (unless you are informed to chaperone the athlete in the DCS as well). This includes whilst an athlete is undertaking any permitted activities prior to arrival at the DCS
- The athlete must not take a shower or visit a toilet before arrival at the DCS

6. Chaperoning - Code of Conduct

All Doping Control Chaperones MUST:

- Act in an appropriate and respectful manner at all times
- Report any irregularities during notification, chaperoning or in the DCS
- Report any potential conflict of interest you have with a sport, team, individual athlete or athlete support personnel
- Follow the instructions of the DCD/Chaperones Team Leader (CTL)

7. All Doping Control Chaperones MUST NOT:

- Keep personal records of sample collection information
- Divulge confidential data to third parties
- Ask for autographs of athletes or support personnel
- Request photographs of athletes or support personnel
- Request memorabilia from the event or accept gifts from athletes or athlete support personnel
- Gamble on the outcome of a sporting event at which they are present
- Be over familiar with athletes or athlete support personnel
- Be under the influence or take alcohol / illegal substances whilst working at the event

8. Chaperoning - Reporting

- The chaperone is required to report any suspicious or unusual behaviour, especially any athlete's failure to comply with a request for doping control to DCD / DCO / CTL